



About the Facilitator

Dr. Kimberly Hubenette is a dentist, fellow widow, author, and speaker who understands grief through lived experience.

As a healthcare professional, she has spent decades caring for people during vulnerable moments. After losing her husband, she created supportive spaces rooted in compassion, connection, and healing.

She is the host of the **Live Love Survive Thrive** podcast, leads outdoor healing retreats, and is the author of **GRID**.

Learn more about Dr. Kimberly Hubenette:
www.drkimberlyhubenette.com



Learn to Thrive Group



A Monthly Grief Support & Healing Group

Led by Dr. Kimberly Hubenette

Widow • Dentist • Author • Speaker • Podcast Host

- Healing happens in community - You are not alone -

Meeting Details

- Where: Daniels Chapel of the Roses
1225 Sonoma Avenue, Santa Rosa, California
- When: Second Monday of every month at 4:30pm

Next Meeting: July 13, 2026 at 4:30pm

Sign Up

In person, over the phone or through email

Daniels Chapel of the Roses

Phone: 707-525-3730

Email: Mail@danielschapeloftheroses.com



Grief does not have a timeline, You do not have to walk it alone.

The Learn to Thrive Group is a compassionate, supportive community for individuals learning how to live without their loved one while honoring the love that remains.

Purpose of the Group

- Provide connection during the overwhelm of grief
- Offer support without the pressure to “move on”
- Help participants gently rebuild routine, meaning, and hope
- Foster healing through community



This group welcomes people at all stages of grief,
whether your loss is recent or many years past.